



# Physical Education Continued

## AS/A Level Physical Education

LVI students may choose to take the AS Level in Physical Education. The course requires students to take modules in physiology, anatomy and psychology, as well as to develop their own interests and skills in physical activities. This leads to A Level Physical Education with advanced modules in exercise physiology, sports psychology and the historical study of sport.

## Extra-curricular activities

Lunch-time and after-school clubs are offered in a variety of activities every day. These are taken by both Physical Education staff and professional coaches. For the first two terms the clubs on offer are basketball, football, netball, table tennis, badminton and trampolining. In the summer, athletics, cricket, rounders and tennis are offered. Boys and girls are encouraged to take part in all activities.

## Training and matches

Physical Education at Immanuel College provides students with opportunities to learn how to participate in purposeful physical activities, to develop sporting enthusiasms which they will continue to pursue after they have left school and to develop both leadership skills and the ability to be good team players.

The College fields teams in soccer, netball, basketball, cricket, tennis, athletics, trampolining and rounders. Matches are played against other schools, and teams are entered in inter-Jewish schools' tournaments. An athletics team represents the College at the District Athletics meeting.

The College has a Sports House system which enhances the annual Sports' Day and other inter-house competitions.

